

| Pos | NAME | VORNAME | VEREIN | Punkte | | | | |
|-----|-------------|-------------|-----------------------------------|--------|--------|-----------|---------|--------|
| | | | | Worms | Merzig | Pirmasens | Remagen | Gesamt |
| 1 | Lebeau | Leander | TSG Maxdorf I | 35 | | | | 35 |
| 2 | Mengele | Fynn | Tri-Sport Saar-Hochwald | 34 | | | | 34 |
| 3 | Kaiser | Jens | Dr. Goerg-Team RSG Montabaur I | 33 | | | | 33 |
| 4 | Weinand | Christian | Triathlon Mülheim-Kärlich I | 32 | | | | 32 |
| 5 | Weiler | Georg | SRL Triathlon Koblenz I | 31 | | | | 31 |
| 6 | Neubert | Jens | Triathlon Mülheim-Kärlich I | 30 | | | | 30 |
| 7 | Weyerhäuser | Florian | TriTeam LAZgo rad-salon. | 29 | | | | 29 |
| 8 | Pielbusch | Sebastian | FCK Tri Team Gründels alkoholfrei | 28 | | | | 28 |
| 9 | Kugler | Jan-Philipp | FCK Tri Team Gründels alkoholfrei | 27 | | | | 27 |
| 10 | Klößner | Nils | Dr. Goerg-Team RSG Montabaur I | 26 | | | | 26 |
| 11 | Schumacher | Pascal | SRL Triathlon Koblenz I | 25 | | | | 25 |
| 12 | Mohr | David | TSG Maxdorf I | 24 | | | | 24 |
| 13 | Schütz | Thomas | Tri-Sport Saar-Hochwald | 23 | | | | 23 |
| 14 | Speicher | Till | TriTeam LAZgo rad-salon. | 22 | | | | 22 |
| 15 | Westerkamp | Michael | FCK Tri Team Gründels alkoholfrei | 21 | | | | 21 |
| 16 | Hassan | Mahmoud | TriTeam LAZgo rad-salon. | 20 | | | | 20 |
| 17 | Ganser | Christian | Triathlon Mülheim-Kärlich I | 19 | | | | 19 |
| 18 | Saurenz | Nicolas | Triathlon Mülheim-Kärlich I | 18 | | | | 18 |
| 19 | Kather | Marco | SRL Triathlon Koblenz I | 17 | | | | 17 |
| 20 | Ritz | Fabian | Dr. Goerg-Team RSG Montabaur I | 16 | | | | 16 |
| 21 | Gamel | Loic | TriTeam LAZgo rad-salon. | 15 | | | | 15 |
| 22 | Tolksdorf | Maximilian | Triathlon Mülheim-Kärlich I | 14 | | | | 14 |
| 23 | Prokasky | Niclas | TSG Maxdorf I | 13 | | | | 13 |
| 24 | Deiß | Jens | TSG Maxdorf I | 12 | | | | 12 |
| 24 | Fuchs | Nico | FCK Tri Team Gründels alkoholfrei | 11 | | | | 11 |
| 26 | Gebhard | Maximilian | Tri-Sport Saar-Hochwald | 10 | | | | 10 |
| 27 | Nohn | Alexander | FCK Tri Team Gründels alkoholfrei | 9 | | | | 9 |
| 27 | Rausch | Felix | TriTeam LAZgo rad-salon. | 8 | | | | 8 |
| 29 | Gerling | Matthias | Dr. Goerg-Team RSG Montabaur I | 7 | | | | 7 |
| 30 | Jescke | Andreas | SRL Triathlon Koblenz I | 6 | | | | 6 |
| 31 | Kostecki | Pascal | TSG Maxdorf I | 5 | | | | 5 |
| 32 | Klein | Marvin | Dr. Goerg-Team RSG Montabaur I | 4 | | | | 4 |
| 33 | Dorer | Tony | SRL Triathlon Koblenz I | 3 | | | | 3 |
| 34 | Jung | Nils | Tri-Sport Saar-Hochwald | 2 | | | | 2 |
| 35 | Mautes | Kay | Tri-Sport Saar-Hochwald | 1 | | | | 1 |
| 36 | | | | | | | | |

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|-----|--------------|-----------|---|--------|--------|-----------|---------|--------|
| | | | | Worms | Merzig | Pirmasens | Remagen | Gesamt |
| 1 | Junkert | Nikolai | Die MANNschaft e.V. | 65 | | | | 65 |
| 2 | Göntgens | Michael | TCEC Wessel-Statik | 64 | | | | 64 |
| 3 | Grill | Fabian | LTF Enduu Theeltal | 63 | | | | 63 |
| 4 | Berg | Sven | Tri Post Trier II | 62 | | | | 62 |
| 5 | Okay | Mustafa | LTF Enduu Theeltal | 61 | | | | 61 |
| 6 | Rae | Richard | TCEC Wessel-Statik | 60 | | | | 60 |
| 7 | Tietz | Eik | Endurance Team Pirmasens I | 59 | | | | 59 |
| 8 | Niedergriese | Marc | Die MANNschaft e.V. | 58 | | | | 58 |
| 9 | Deidenbach | Fabian | Team Flott | 57 | | | | 57 |
| 10 | Lehbrink | Christoph | TCEC Wessel-Statik | 56 | | | | 56 |
| 11 | Jung | Stephan | TCEC Wessel-Statik | 55 | | | | 55 |
| 12 | Schwarz | Carsten | Team Mittelmosel Triathlon dr. Cannondale | 54 | | | | 54 |
| 13 | Schmitz | Sebastian | LTF Enduu Theeltal | 53 | | | | 53 |
| 14 | Görg | Heiko | Team Triathlon Dreikirchen | 52 | | | | 52 |
| 15 | Comes | Michael | Team Mittelmosel Triathlon dr. Cannondale | 51 | | | | 51 |
| 16 | Ruschel | Michael | TriTeam LAZgo II | 50 | | | | 50 |
| 17 | Meyer | Thorsten | Team Flott | 49 | | | | 49 |
| 18 | Riedl | Jens | Endurance Team Pirmasens I | 48 | | | | 48 |
| 19 | Klein | Christoph | Team Mittelmosel Triathlon dr. Cannondale | 47 | | | | 47 |
| 20 | Nothvogel | Marco | Tri Post Trier II | 46 | | | | 46 |
| 21 | Braun | Heiko | TCEC Wessel-Statik | 45 | | | | 45 |
| 22 | Gimnig | Dirk | Team Flott | 44 | | | | 44 |
| 23 | Güttler | Frank | Team Triathlon Dreikirchen | 43 | | | | 43 |
| 24 | Krämer | Klaus | Endurance Team Pirmasens I | 42 | | | | 42 |
| 24 | Behncke | Michael | Endurance Team Pirmasens I | 41 | | | | 41 |
| 26 | Schallmo | Daniel | LTF Enduu Theeltal | 40 | | | | 40 |
| 27 | Buggle | Martin | Team Triathlon Dreikirchen | 39 | | | | 39 |
| 27 | Mies | Philipp | Team Flott | 38 | | | | 38 |
| 29 | Clasen | Sebastian | Team Mittelmosel Triathlon dr. Cannondale | 37 | | | | 37 |
| 30 | Müller | Johannes | Tri Post Trier II | 36 | | | | 36 |
| 31 | Braß | Knut | LTF Enduu Theeltal | 35 | | | | 35 |
| 32 | Fandel | Markus | Tri Post Trier II | 34 | | | | 34 |
| 33 | Klein | Matthias | Dr. Goerg-Team RSG Montabaur II | 33 | | | | 33 |
| 34 | Sippel | Michael | Die MANNschaft e.V. | 32 | | | | 32 |
| 35 | Maahs | Jochen | Dr. Goerg-Team RSG Montabaur II | 31 | | | | 31 |
| 36 | Große | Michael | Dr. Goerg-Team RSG Montabaur II | 30 | | | | 30 |
| 37 | Klößner | Benjamin | Die MANNschaft e.V. | 29 | | | | 29 |
| 38 | Giesen | Tobias | Team Triathlon Dreikirchen | 28 | | | | 28 |
| 39 | Bröcker | Julian | Triathlon Mülheim-Kärlich II | 27 | | | | 27 |
| 40 | Schmitz | Thomas | SRL Triathlon Koblenz II | 26 | | | | 26 |
| 41 | Frambach | Klaus | TSG Maxdorf II | 25 | | | | 25 |

| Pos | NAME | VORNAME | VEREIN | Punkte | | | | Gesamt |
|-----|-----------|-----------|---|--------|--------|-----------|---------|--------|
| | | | | Worms | Merzig | Pirmasens | Remagen | |
| 42 | Regh | Manfred | Team Mittelmosel Triathlon dr. Cannondale | 24 | | | | 24 |
| 43 | Wappner | Eric | TriTeam LAZgo II | 23 | | | | 23 |
| 44 | Prem | Andreas | TSG Maxdorf II | 22 | | | | 22 |
| 45 | Brill | Marius | TriTeam LAZgo II | 21 | | | | 21 |
| 46 | Fey | Ralf | SRL Triathlon Koblenz II | 20 | | | | 20 |
| 47 | Pascheka | Tom | TriTeam LAZgo II | 19 | | | | 19 |
| 48 | Höfer | Samuel | Triathlon Mülheim-Kärlich II | 18 | | | | 18 |
| 49 | Keul | Alexander | Dr. Goerg-Team RSG Montabaur II | 17 | | | | 17 |
| 50 | Engelhard | Günther | TSG Maxdorf II | 16 | | | | 16 |
| 51 | Bentz | Matthias | TriTeam LAZgo II | 15 | | | | 15 |
| 52 | Bach | Laura | Triathlon Mülheim-Kärlich II | 14 | | | | 14 |
| 53 | Hefe | Christian | TSG Maxdorf II | 13 | | | | 13 |
| 54 | Lörsch | Florian | Triathlon Mülheim-Kärlich II | 12 | | | | 12 |
| 55 | Basta | Nicola | TSG Maxdorf II | 11 | | | | 11 |
| 56 | Choiselle | André | SRL Triathlon Koblenz II | 10 | | | | 10 |
| 57 | Eblenkamp | Ulrich | SRL Triathlon Koblenz II | 9 | | | | 9 |
| 58 | Kremer | Benedikt | Team Triathlon Dreikirchen | 8 | | | | 8 |
| 59 | Prange | Carolin | Team Flott | 7 | | | | 7 |
| 60 | Dötsch | Viktoria | Triathlon Mülheim-Kärlich II | 6 | | | | 6 |
| 61 | Große | Martina | Dr. Goerg-Team RSG Montabaur II | 5 | | | | 5 |
| 62 | Holecsek | Yvonne | SRL Triathlon Koblenz II | 4 | | | | 4 |
| 63 | | | | | | | | |
| 64 | | | | | | | | |
| 65 | | | | | | | | |
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| Pos | NAME | VORNAME | VEREIN | Punkte | | | | |
|-----|-------------|------------|------------------------------|--------|--------|-----------|---------|--------|
| | | | | Worms | Merzig | Pirmasens | Remagen | Gesamt |
| 1 | Wirth | Judith | SRL Triathlon Koblenz | 20 | | | | 20 |
| 2 | Wiehr | Helen | adidas TriTeam LAZgo | 19 | | | | 19 |
| 3 | Ruschel | Nike | adidas TriTeam LAZgo | 18 | | | | 18 |
| 4 | Theobald | Sophie | adidas TriTeam LAZgo | 17 | | | | 17 |
| 5 | Keck | Julia | adidas TriTeam LAZgo | 16 | | | | 16 |
| 6 | Bund | Sara | Tri Post Trier Damen | 15 | | | | 15 |
| 7 | Kappen | Ricarda | Tri Post Trier Damen | 14 | | | | 14 |
| 8 | Herkelrath | Isabelle | TSG Maxdorf Damen | 13 | | | | 13 |
| 9 | Klößner | Nele | Dr. Goerg-Team RSG Montabaur | 12 | | | | 12 |
| 10 | Weiler | Céline | Dr. Goerg-Team RSG Montabaur | 11 | | | | 11 |
| 11 | Holly | Clara | Dr. Goerg-Team RSG Montabaur | 10 | | | | 10 |
| 12 | Wittmann | Tanja | TSG Maxdorf Damen | 9 | | | | 9 |
| 13 | Wickersheim | Julia | Tri Post Trier Damen | 8 | | | | 8 |
| 14 | Sahl | Jasmin | SRL Triathlon Koblenz | 7 | | | | 7 |
| 15 | Jarzombek | Ute | TSG Maxdorf Damen | 6 | | | | 6 |
| 16 | Ermert | Christiane | Dr. Goerg-Team RSG Montabaur | 5 | | | | 5 |
| 17 | Millery | Catherine | Tri Post Trier Damen | 4 | | | | 4 |
| 18 | Jakschis | Anke | SRL Triathlon Koblenz | 3 | | | | 3 |
| 19 | Görlich | Yvonne | TSG Maxdorf Damen | 2 | | | | 2 |
| 20 | Schrömgies | Heike | SRL Triathlon Koblenz | 1 | | | | 1 |
| 21 | | | | | | | | 0 |
| 22 | | | | | | | | 0 |
| 23 | | | | | | | | 0 |
| 24 | | | | | | | | 0 |
| 24 | | | | | | | | 0 |
| 26 | | | | | | | | 0 |
| 27 | | | | | | | | 0 |
| 27 | | | | | | | | 0 |
| 29 | | | | | | | | 0 |
| 30 | | | | | | | | 0 |
| 31 | | | | | | | | 0 |

| Pos | NAME | VORNAME | VEREIN | Punkte | | | | | Gesamt |
|-----|------------|-----------|---|---------|-------|--------|-----------|---------|--------|
| | | | | Maxdorf | Worms | Merzig | Pirmasens | Remagen | |
| 1 | Rothfuchs | Michael | LTF Marpingen | 38 | 40 | | | | 78 |
| 2 | Grauvogel | Bernd | AVEDA Men Masters Team DJK / Tri-Sport | 37 | 38 | | | | 75 |
| 3 | Ziegler | Matthias | LTF Marpingen | 36 | 36 | | | | 72 |
| 4 | Schrömgies | Manfred | SRL Koblenz | 34 | 33 | | | | 67 |
| 5 | Betsch | Christian | TSG Maxdorf Masters I | 35 | 30 | | | | 65 |
| 6 | Radke | Mario | SRL Koblenz | 24 | 39 | | | | 63 |
| 7 | Spitzhorn | Heiko | SRL Koblenz | 29 | 32 | | | | 61 |
| 8 | Bund | Andreas | Tri Post Trier Masters | 32 | 26 | | | | 58 |
| 9 | Weber | Stephan | AVEDA Men Masters Team DJK / Tri-Sport | 27 | 29 | | | | 56 |
| 10 | Hofmann | Robert | Dr.- Goerg - Team RSG Montabaur Masters | 28 | 27 | | | | 55 |
| 11 | Köllner | Wolfgang | TSG Maxdorf Masters I | 25 | 28 | | | | 53 |
| 12 | Koch Engel | Mathias | Tri Post Trier Masters | 11 | 31 | | | | 42 |
| 13 | Meurer | Jürgen | Dr.- Goerg - Team RSG Montabaur Masters | 40 | | | | | 40 |
| 14 | Walter | Uli | TCEC BigDeal | 19 | 21 | | | | 40 |
| 15 | Baum | Torben | TV 1860 Mußbach | 16 | 23 | | | | 39 |
| 16 | Reuter | Torsten | Dr.- Goerg - Team RSG Montabaur Masters | 39 | | | | | 39 |
| 17 | Schreiner | Stefan | LTF Marpingen | | 37 | | | | 37 |
| 18 | Ulrich | Karsten | LTF Marpingen | | 35 | | | | 35 |
| 19 | Mille | Markus | Dr. Goerg-Team RSG Montabaur Masters | | 34 | | | | 34 |
| 20 | Burkhardt | Martin | TV 1860 Mußbach | 15 | 18 | | | | 33 |
| 21 | Weinand | Frank | TSG Maxdorf Masters I | 33 | | | | | 33 |
| 22 | Köbler | Wieland | TCEC BigDeal | 12 | 20 | | | | 32 |
| 23 | Kistner | Daniel | Triathlon Mülheim-Kärlich Masters | 31 | | | | | 31 |
| 24 | Asel | Gerd | SG LLG Wonnegau / Poseidon Worms | 14 | 16 | | | | 30 |
| 25 | Spath | Karsten | LTF Marpingen | 30 | | | | | 30 |
| 26 | Hellwig | Thorsten | TV 1860 Mußbach | 6 | 22 | | | | 28 |
| 27 | Oechsner | Joachim | Tri Post Trier Masters | 26 | | | | | 26 |
| 28 | Krause | Frank | SRL Koblenz | | 25 | | | | 25 |
| 29 | Wirschem | Udo | Triathlon Mülheim-Kärlich Masters | | 24 | | | | 24 |
| 30 | Wolf | Christian | TCEC BigDeal | 23 | | | | | 23 |
| 31 | Rudolph | Jürgen | SRL Koblenz | 22 | | | | | 22 |
| 32 | Sandberg | Thomas | SG LLG Wonnegau / Poseidon Worms | 21 | | | | | 21 |
| 33 | Gulden | Steffen | AVEDA Men Masters Team DJK / Tri-Sport | 20 | | | | | 20 |
| 34 | Herber | Christian | Tri Post Trier Masters | 7 | 13 | | | | 20 |
| 35 | Wolf | Sabine | TCEC BigDeal | | 19 | | | | 19 |
| 36 | Tolksdorf | Thomas | Triathlon Mülheim-Kärlich Masters | 18 | | | | | 18 |
| 37 | Althofen | Martin | Dr. Goerg-Team RSG Montabaur Masters | | 17 | | | | 17 |
| 38 | Schaubruch | Volker | TCEC BigDeal | 17 | | | | | 17 |
| 39 | Imre | Bella | AVEDA Men Masters Team DJK / Tri-Sport | | 15 | | | | 15 |
| 40 | Hauser | Bernd | TSG Maxdorf Masters I | | 14 | | | | 14 |
| 41 | Koebrich | Michael | AVEDA Men Masters Team DJK / Tri-Sport | 5 | 9 | | | | 14 |

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|----|--------------|----------|--------------------------------------|----|----|--|--|--|----|
| 42 | Reif | Marcus | TV 1860 Mußbach | 13 | | | | | 13 |
| 43 | Steinbrecher | Torsten | TCEC BigDeal | | 12 | | | | 12 |
| 44 | Spitzhorn | Oliver | Dr. Goerg-Team RSG Montabaur Masters | | 11 | | | | 11 |
| 45 | Beck | Ralph | TSG Maxdorf Masters I | | 10 | | | | 10 |
| 46 | Groß | Thomas | LTF Marpingen | 10 | | | | | 10 |
| 47 | Urban | Reinhard | Triathlon Mülheim-Kärlich Masters | 9 | | | | | 9 |
| 48 | ALTEN | MARIO | Tri Post Trier Masters | | 8 | | | | 8 |
| 49 | Hörnemann | Lutz | Triathlon Mülheim-Kärlich Masters | 8 | | | | | 8 |
| 50 | Kuhn | Stefan | SG LLG Wonnegau / Poseidon Worms | | 7 | | | | 7 |
| 51 | Weinand | Rolf | Triathlon Mülheim-Kärlich Masters | | 6 | | | | 6 |
| 52 | Barthel | Olaf | TV 1860 Mußbach | | 5 | | | | 5 |
| 53 | Strunz | Peter | SG LLG Wonnegau / Poseidon Worms | | 4 | | | | 4 |
| 54 | Ehram | Petra | Triathlon Mülheim-Kärlich Masters | | 3 | | | | 3 |
| 55 | Feickert | Jochen | Triathlon Mülheim-Kärlich Masters | | 2 | | | | 2 |
| 56 | Augustino | Augusto | SG LLG Wonnegau / Poseidon Worms | | 1 | | | | 1 |